

Information for teams

Start list:

- will be posted on <https://www.cehap.sk/majstrovstva-sr-2019/> and will be given to each team at registration,
- will no longer be overwritten, deleted only if necessary; adding the number discipline / s will not be allowed,
- please check the starting list and return if there are any complaints as soon as possible (e.g. year of birth, class, time ...).

Registration and accommodation:

- Address: Lindner Hotel Gallery Central, Metodova 4, 821 08 Bratislava (<https://www.lindner.de/en/bratislava-hotel-gallery-central/welcome.html>)
- PARKING:
 - **PASSENGER CARS:** entrance to the garages from the side of shopping center Central, follow the navigation signs on - 3rd floor (hotel guests' parking),
 - those who will drive a car to the swimming arena, please make sure that you have the exit at the hotel reception unblocked! (parking fee is charged, please state that you are the participants of CHofSR)
 - **BUSSES:** in front of the hotel there are 2 hotel parking spaces for buses. After an agreement with the hotel, there is a possibility to park there, in 2 places for hotel supply (see picture at the end).
- CE CEHAP swimmers will be by the elevator from 5:30 pm till 8:30 pm (contact: Radomír Pacák, +421 919 138 283) - he would be there with info stand.
- Upon arrival, team leaders will ensure that their attendance list is signed by their swimmers and team members in the lobby of the hotel at the reception where the gift bags will be handed over to the.
- Competing teams without accommodation will be registered from 7.45 in the first floor of swimming arena in the lobby.

Food:

- breakfast is provided by the hotel:
 - Saturday 19.10.2019 **breakfast from 6.00 am to 7.00 am,**
 - Saturday 19.10.2019 **dinner as part of the Gala Dinner** (3rd floor hotel LINDTNER),
 - Sunday 7.10.2018 **breakfast from 8.00 am to 10.00 am,**
- Saturday lunch will be provided in the swimming pool during the break,
- drinking regime is also provided in the swimming pool,

Transportation of participants:

- Transportation of participants of the race, Saturday, 19.10.2019:
 - **morning transport to the pool:** For accommodated teams, the low-floor *Slovak Lines* buses will be delivered to the hotel at 7:15 am, departure is at 7.35 am,
 - transport capacity is sufficient, heavy types of disabled person in wheelchair, let them on wheelchairs , wheelchair users, who are able to take a seat, please do so.
- Participants who will arrive by car and do not return to the hotel after the race, can be transported to the pool by car. Parking is available next to the pool.
- **Transport back to the hotel:** the same buses will be delivered at the swimming pool at 17:15.
- **Entrance to the swimming pool:**
 - mobile participants: by main entrance,
 - wheelchair participants: will use the entrance from the back of the swimming pool building across the terrace, there will be a ramp, ready for use. On the terrace in the event of bad weather the wheels of the wheelchairs will be washed:



Each team will receive the corresponding number of chips from the locker room against a 20€ deposit per team. Team leaders will ensure that the chips are returned after the end of race.

Organization of warm up:

6-track swimming pool

- Lane 1: Groups S11, S12, S13
- Lane 2: SVK clubs
- Lane 3: Para Plavání Praha
- Lane 4: SK KONTAKT Karlovy Vary
- Lane 5: SK KONTAKT Brno

- Lane 6: SK KONTAKT Brno + other clubs CZE
- Lane 7: AUSTRIA, ITALY, ROMANIA
- Lane 8: groups S1 - S5

Course of swimming competitions:

- 7.45 – opening the pool
- 8.00 – 9.00 warm up
- 8.30 – technical meeting in the place designated for arbitrators (near the Call Rooms)
- 8.50 – meeting of arbitrators in the place designated for arbitrators
- 13.00 – 14.00 lunch break, Packed lunches will be handed over at the pool. The appropriate number of lunch packages will be handed to the team representatives.
- Drinking regime is ensured through the water racks throughout the race provided by AQUA PRO company. There is a limited number of cups is limited.
- Team photos will be taken together during the lunch break from 13.30 till 14.00; accurate information shall be announced by the announcer before the break.

Organization of participants, entry into the water:

- racers enter the swimming pool alone or with the assistance from behind the blocks over the edge of the pool directly into their lane,
- the racers will leave the lanes at the sides of the pool according the referees instructions; from the water they will be assisted by the pullers on each side of the pool with the help of lifting devices.